

# VIKINGS MIDGETS

## SPRING Off-ice program

Jeff Blindauer's  
**ALL OUT**  
PERFORMANCE

**13 WEEK PROGRAM**

**MON-TUE-THR**

**5:45<sup>PM</sup> - 7:15<sup>PM</sup>**

**April 3<sup>THRU</sup> June 29**

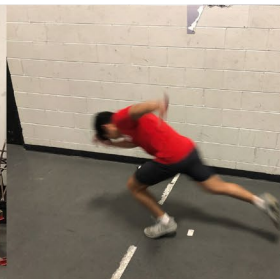
*No workout May 29th*

**\$130<sup>00</sup> MONTH**

**\$350<sup>00</sup> COMPLETE  
PROGRAM**

drop-ins are available for \$20 cash/workout

Cash or check payable to: **All Out Performance**



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